

CHILTERN LIGHTHOUSE MENTORING

An early Intervention and Prevention Programme

ROLE DESCRIPTION

Title: Volunteer One-to-One Mentor

Major Objective: To work with Young People mainly between the ages of 8 - 18. Your role is to help these young people through difficult times in their life and for them to make better choices in life.

Responsibilities:

1. Meet with young person regularly each week for about two hours – and be one of their best friends.
2. Pick up young person from their home and take to a public place for the meeting. (e.g. cafe, etc.) or an activities.
3. Continue to meet from 6 months to 18 months. (could be even longer)
4. To help young people improve their self-esteem and confidence via introducing and supporting them through various activities outlined in our activities programme.
5. To help young person identify and achieve their goals,
6. Gain trust and confidence to work through difficult areas and move forward on development.
7. Investigate background of young person as appropriate
8. Maintain confidentiality according to guidelines.
9. Continue to update skills.
10. Participate in training and support meetings (held every 6 weeks).
11. Participate in group activities (when possible)
12. Produce a weekly diary sheet and email to office.

Skills required:

See person specification

Hours & Days of the Week:

Approximately 2 hours weekly

Time to be arranged with young person at first meeting. This can be after school or at weekends

Duration of commitment:

6 to 18 months (approximately)

Location:

In Buckinghamshire

Training available:

Equivalent Mentoring Skills Level 1

Report To:

Supervisor

Chiltern Lighthouse Mentoring

PERSON SPECIFICATION

	Essential	Desirable
Education/Experience Qualifications	<ol style="list-style-type: none"> 1. Current driving licence/transport or appropriate alternative. 2. Working or volunteering with people - developing rapport 	<ol style="list-style-type: none"> 1. Previous experience with young people 2. Previous experience as mentor or advisor, but training will be given
Skills	<ol style="list-style-type: none"> 1. Good verbal communication - especially listening skills 2. Able to build rapport and trust 3. Young people relationship building skills. 4. Demonstrate empathy and understanding of others 5. Use of email facilities 	<p>Good written skills &</p> <p>Able to use or train to use email</p>
Knowledge		Young Peoples' issues and interests
Personal Qualities	<ol style="list-style-type: none"> 1. Non-judgemental 2. Approachable to a young person 3. Reliability 4. Open to work with all backgrounds and ethnic groups (per Equal Opportunities) 5. Open to continued learning 	